




KATY TRAIL CRYO

FULL BODY WELLNESS



CONTACT US

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 @katytrailcryo [Katytrailcryo.com](https://www.katytrailcryo.com)
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T-SHOCK

Using thermal technology, you can remove stubborn fat, tighten loose skin, reduce wrinkles, stimulate collagen, and reduce the appearance of cellulite.

50 MINUTES

WHOLE BODY CRYO

Immerse yourself in up to -250F temperature. In only 3 minutes you can reduce body inflammation, support your detoxification process, and boost your metabolism, burning up to 500 calories per session.

3 MINUTES

LOCALIZED CRYO

A targeted treatment to reap the same benefits of cryotherapy but in an isolated location to maximize muscle recovery. Also, helps boost collagen production, tightens skin, reduces pore size and lessens the appearance of wrinkles.

8 MINUTES

COMPRESSION

Promotes lymphatic flushing which increases healthy blood flow, removes waste, inflammation, swelling, and increases circulation. Available for arms, hips, and legs.

30 MINUTES

CELLUMA

LED light therapy to help improve acne, anti-aging, and pain management.

30 MINUTES